

2023-24 Meal Prices:

Breakfast
Free
Elementary Lunch
Free
Reduced Lunch
Free
Adult Lunch
\$5.42 (including tax)

Lunch Alternates
All lunches and lunch
alternates consist of Meat/Meat
Alternate, Vegetable, Fruit/Fruit
Juice, Bread/Grain and Milk.

Fruit Parfait
Yogurt and Fruit.
Served with Toast Points.

<u>Chef's Garden Salad Plate</u> Tossed Salad topped with diced Chicken and Cheese. Served with Toast Points.

Soup with Turkey & Cheese Plate 1/2 cup of soup du Jour, Turkey and American Cheese slices, lettuce, tomato and sliced bread.

DID YOU KNOW?

You can find Nutritional and Allergy Information on our district website.

Earn While Your Children Learn!

Food Service worker positions available in most buildings!
Contact the lunch office to learn how to apply for employment:
631-687-6525

Menu subject to change without notice

BREAKFAST

Monday: Cereal (w), fruit, milk
Tuesday: Oatmeal Rounds (w, m, s, e), fruit, milk

Pears

Milk Selection

Milk Selection

Wednesday: <u>Cherry Frudel</u> (w, m), fruit, <u>milk</u> Thursday: <u>Breakfast Cereal</u> Kit (w), <u>milk</u> Friday: <u>Breakfast Bar</u> (w, s, m), fruit, milk

Elementary Schools January 2024

(s) = soy

(w) = Wheat

(p) = pork

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	Monday	TUESDAY	Wednesday	Thursday	FRIDAY
t	A New S	2 Mozzarella Sticks (w, m) Tomato Sauce Seasoned Green Beans Pears Milk Selection	3 Egg Omelet (e, m, s) Canadian style Bacon Sliced Bread (w, s) Hash Brown Potatoes (s) Applesauce Milk Selection	4 Oven Fried Drumstick (w) Crazy Carrots Mixed Fruit Milk Selection	5 Pizza (w, m) Broccoli Sliced Apples w/Cinnamon Milk Selection
t	8 Popcorn Chicken (m, s, w) Dipping Sauce Crazy Carrots Mixed Fruit Milk Selection	9 Breaded Chicken on a Bun (e, m, s, w) Green Beans Peaches Milk Selection	10 Mozzarella Sticks (w, m) Tomato Sauce Crazy Corn Apple Slices w/Cinnamon Milk Selection	Tacos (s), Hard or Soft Shell with beef (w) Lettuce, Tomato, Cheese Sauce (m, s), Rice Baked Beans Pears/Milk Selection	12 Pizza (w, m) Tossed Salad Applesauce Milk Selection
<u>te</u> /	15 Day	16 Mozzarella Sticks (w, m) Tomato Sauce Seasoned Carrots Mixed Fruit Milk Selection	17 Meat (s) Nachos Cheese (m), Rice Baked Beans Pears Milk Selection	18 Hamburger (s), WW Bun (w) Lettuce, Tomato and Pickle Baked French Fries (s) Peaches Milk Selection	19 Pizza (w, m) Broccoli Sliced Apples w/Cinnamon Milk Selection
	Popcorn Chicken (m, s, w) Dipping Sauce Crazy Carrots Diced Peaches Milk Selection	23 Cheese Crunchers (m, w) Tomato Sauce Cucumber Slices Mixed Fruit Milk Selection	24 Breaded Chicken Patty on a Bun (e, m, s, w) Baked Beans Applesauce Milk Selection	25 Chicken/Cheese Quesadilla (m, s, w) Corn Sliced Apples Milk Selection	26 Pizza (w, m) Broccoli Pears Milk Selection
s m	29 Chicken Nuggets (w, s) BBQ Dipping Sauce Baked Beans	30 Macaroni & Cheese (m, e, w) X-Ray Vision Carrots Peaches	31 Mozzarella Cheese Bites (w, m, s) Tomato Sauce	* * * * * * * * * * * * * * * * * * * *	Allergan Key: (e)= egg (m) = milk

Green Beans

Mixed Fruit

Milk Selection